



Some tips before starting!

- Take some time to choose the pose of your hands ! Try within an empty bucket to ensure not touching sides or bottom of the container.
- Before going on with step 1 thoroughly wash your hands to prevent contamination of the material.

STEP 1

- Pour the Alginate bag into the bucket, add 1800 ml of cold water (the colder the water, the longer the working time)
- Quickly mix the alginate with the water until the mixture is smooth and creamy (max 1 min)
- Put your hand in the mixed alginate - make sure not to touch sides or bottom of the bucket
- Keep your hand still until the alginate sets to a rubbery texture (2-3 minutes)
- Gently wiggle your fingers to introduce air inside the mold and slowly remove your hands (one hand at a time)
- Pour some water inside the alginate mold and gently rotate the bucket to remove any small residuals
- Make sure no water remains inside the mold

STEP 2 PLASTER

- Pour 300 ml of water in a container and then slowly add 1kg of plaster powder
- Mix the plaster and water until the mixture is creamy and smooth
- Fill the mold 25% with plaster and gently rotate the mold in all directions
- Pour your casting material into the mold and tap the sides of the container to minimize air bubbles.
- Let the plaster set for 60 minutes. Meanwhile, clean the tools used in the process with water

LAST STEPS!

- Once the plaster has set, turn the bucket upside down and take off the mold from the container
- Start removing the alginate, slowly and carefully : you can use a utility knife to cut and then peel the alginate .
- Use a toothpick to remove alginate by the creases and a toothbrush to scrub any plaster bubbles .
- Your sculpture will dry to a brilliant classic white finish: you can leave as it is or paint it as you like!